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Illustrated Kinesio Taping Manual

Description The Illustrated Kinesio Taping Manual covers the essentials and gives the

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The Illustrated Kinesio Taping® Manual covers the essentials and gives you a step-by-step approach to the Kinesio Taping® Method.

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» Illustrated Kinesio Taping Manual

Illustrated Kinesio Taping. This manual covers taping essentials and gives you a step-by-step guide to the proper Kinesio Taping® Method. Illustrations provide a detailed look at how to apply the tape and where the applications should take place. There are 3 chapters with the following titles: Shoulder Girdle, Trunk, and Pelvic Girdle.

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Product Manuals for Kinesio Tape - Vitality Medical

Although focused on Kinesio Taping for lymphedema and severe swelling, this manual also covers basic taping techniques for common injuries. The most recently-published manual, it is beautifully illustrated, with simple, step-by-step, full color instructions.

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